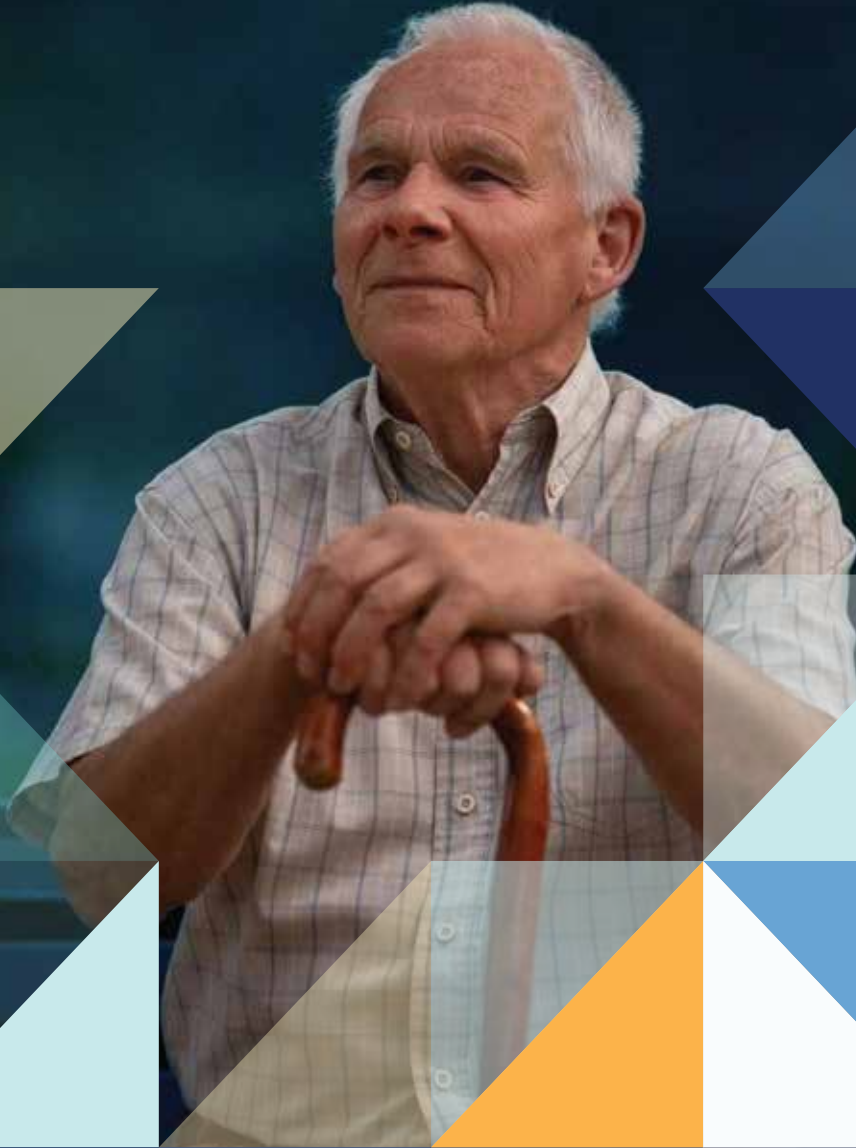




SANKARA EYE FOUNDATION, INDIA[®]

Q4

JAN - MAR 2024
ISSUE 20



Vision Matters

SANKARA EYE FOUNDATION
INDIA



SCAN QR CODE

LET'S ENGAGE

Dear Team Sankara,

As we step into the new financial year, I want to take a moment to extend my heartfelt gratitude to each and every one of you for your exceptional contributions and dedication throughout the past year.

Your hard work, commitment, and passion have been instrumental in our success, and I am incredibly proud of what we have achieved together. The financial year 2023-2024 presented us with numerous challenges and opportunities, and it was your resilience and innovative spirit that allowed us to overcome obstacles and achieve significant milestones.

As we embark on this new journey, I am excited about the possibilities that lie ahead. The new financial year brings with it new goals, projects, and opportunities for growth. I am confident that with our collective efforts and determination, we will continue to achieve excellence and reach new heights of success.

Let us embrace the new financial year 2024-2025 with optimism, enthusiasm, and a renewed sense of purpose. Together, we can make this year even more successful than the last, and I look forward to celebrating our achievements together along the way.

Once again, thank you for your hard work and dedication. Your contributions are truly appreciated, and I am grateful to be a part of such a talented and dedicated team.

Lastly, let us ensure all of us cast our Votes in the upcoming Elections. This is our opportunity to 'Voice our Opinion' and will take the world's largest democracy to greater heights.

Jai Hind!



Mr. Bharath Balasubramaniam
President - Sankara Eye Hospital

Sarve Jana Sukhino Bhavantu

PRIDE OF SANKARA



SANKARA RANKED AMONG THE TOP 10 NGOS IN INDIA

In recognition of the 'World NGO Day' celebrations on February 27, 2023, the CSR Journal honoured and acknowledged non-profit organizations, ranking SEFI among the Top 10 NGOs in India. SEFI was commended for its impactful 'Gift of Vision' program, extending quality and affordable eye care services to rural communities across the country.



Proud Moments for every SANKARITE!

ECONOMIC TIMES FEATURED DR RVR'S VISIONARY JOURNEY

On February 28, 2024, the revered news publisher, Economic Times Health, showcased an illuminating story on Dr.RVR (Founder & Managing Trustee - SEFI). The article encapsulates Dr.RVR's extraordinary commitment to eradicating preventable blindness and his visionary leadership in establishing the Sankara Eye Foundation. Driven by his dedication, the foundation has made quality eye care accessible to economically disadvantaged communities, profoundly impacting countless lives along the way.



An inspiring story that reminds every SANKARITE how the power of passion, perseverance, and compassion can create positive changes!

1 LAKH FREE CATARACT SURGERIES ACCOMPLISHED BY SEH-KANPUR

On February 22, 2024, SEH-Kanpur commemorated the milestone of completing 1,00,000 free cataract surgeries by its Outreach team which covered a total of 10 districts through 1989 camps that screened 2,63,757 patients. Nearly 40 employees, including Doctors, Paramedical, and Administrative Staff, gathered to celebrate this remarkable achievement in the presence of Mr. Sudhir Sudhal (Head-VC, MHQ-Coimbatore) on the day.



2 LAKH FREE SURGERIES ACCOMPLISHED BY SEH-KRISHNANKOIL

SEH-Krishnankoil celebrated a significant milestone on March 08, 2024, marking the accomplishment of 2,00,000 non-paying surgeries since its inception, covering a total of 7 districts, 5203 camps, and screening of 4,67,850 patients. Employees from all departments gathered to commemorate this achievement, reflecting on the unit's dedication to providing essential healthcare services to those in need.



ZERO INFECTION CELEBRATIONS ACROSS SEFI UNITS



SEH-GUNTUR

JANUARY 2024

SEH-Guntur celebrated Zero Post-Operative Infections for the month of January 2024 after efficiently handling 2829 surgeries (Community OT - 1129, Paying - 1700). Dr. Sudhakar Potti (CMO, Consultant-COR), Ms. Madhavi Machavarapu (Unit Head - SEH), Ms. Tripura C H (Unit Head - SEH), and other Staff gathered on February 08, 2024, for a cake-cutting ceremony to celebrate this achievement.



JANUARY 2024

RJSEH-Panvel celebrated Zero Post-Operative Infections for January 2024 after effectively handling 1337 surgeries (Community OT - 1152, Paying OT - 171, and Septic OT - 14). All the Panvel unit staff gathered on March 09, 2024, to commemorate the achievement with a cake-cutting ceremony.



FEBRUARY 2024

SEH-Coimbatore celebrated Zero Post-Operative Infections for the month of February 2024 after efficiently handling 3836 surgeries. A cake-cutting ceremony was held on March 02, 2024, for the same in the presence of Dr. Shruthi Tara (CMO, Consultant-COR) and Dr. Prabhu Shankar M (SR. Consultant-VRS).



MARCH 2024

MARCH 2024

SEH-Ludhiana celebrated Zero Infection for the month of February 2024, successfully completing 1664 surgeries (Community OT - 1520, Paying - 144). All Doctors, Admin, Paramedical, Housekeeping, and Security Staff of the Ludhiana unit gathered in the presence of Dr. Manoj Gupta (CMO, Consultant-COR) for a cake-cutting ceremony on March 02, 2024, to commemorate yet another quality-milestone achievement.

SEH-Hyderabad celebrated Zero Infection for the month of March 2024 after successfully handling 116 surgeries. All Doctors, Admin, and Paramedical staff of the Hyderabad unit gathered on March 10, 2024, for a cake-cutting event to commemorate this significant quality accomplishment.





EMPLOYEE ACHIEVEMENTS



6TH ANNUAL DAY CELEBRATION AND LONG SERVICE AWARDS AT SEH-JAIPUR

The 6th Annual Day celebration of SEH-Jaipur took place on January 27, 2024, and 7 employees were honoured with Long Service Awards in the '5 Years' category by Dr. Neeraj Shah (CMO, Consultant-COR) during the event.



LONG SERVICE AWARDS - 5 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Mr. Babender Kumar Gurjar	CASHIER
2	Mr. Sukendra P	ASST-BME
3	Mr. Yashwant Singh Rathore	EXEC-TPA
4	Mr. Mukesh Kumar Gurjar	PC-CORP. WD
5	Mr. Jairam Poshwal	PC-CORP. WD
6	Mr. Dharmendra Singh Shekhawat	DRIVER-HV
7	Mr. Sandeep Singh Tanwar	FLOOR COR-OT



47TH ANNUAL DAY CELEBRATIONS AND LONG SERVICE AWARDS AT SEH-COIMBATORE

SEH-Coimbatore celebrated its 47th Annual Day on February 15, 2024. During the event, 2 employees were felicitated in the '35 Years' and '30 Years' category, 8 employees in the '25 Years' and '15 Years' category, 9 employees in the '20 Years' cadre, 4 employees in the '10 Years' category, and 15 employees in the '5 Years cadre'.

Dr. P.G. Viswanathan (Trustee), Mr. Balasundaram (SC Member), Dr.RVR (Founder-SEFI), Dr. RR (Co-founder - SEFI), and Dr. Jagadesh Kumar Reddy K (SR. Consultant-COR) graced the occasion. The day also witnessed diverse cultural programs and the rolling trophy handover to the winner of the Annual Day games conducted over the past few weeks.



LONG SERVICE AWARDS - 35 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Kowsalya V	IC-OPTOMETRY
2	Ms. Gunavathy R	IC-SPL. OT



LONG SERVICE AWARDS - 30 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Kalamani K	IC-SPL. CP
2	Ms. Shyla Alex	IC-PCL



LONG SERVICE AWARDS - 25 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Maruthambal P	TECH-CORP. OT
2	Ms. Anuradha V	ASST III-CAFETERIA
3	Mr. Pandian P	SUPV-MNT
4	Ms. Dhanalakshmi P	TECH-SPL. OT
5	Mr. Gopal N	HELPER-PC
6	Dr. Ajita S	SR. CONSULTANT-GLAU
7	Dr. Prabhu Shankar M	SR. CONSULTANT-VRS
8	Mr. Saravanan D	CHIEF TECHNICAL OFFICER



LONG SERVICE AWARDS - 20 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Kavitha U	ASST III-CAFETERIA
2	Dr. Anandhi R	G.DR
3	Mr. Sakthivel M	DRIVER-HV
4	Mr. Karuppusamy N	DRIVER-HV
5	Ms. Lalithamani C	ASST III-CAFETERIA
6	Mr. Mohanraj T	CARPENTER
7	Ms. Thangamani S	ASST III-HK
8	Ms. Lakshmi A	ASST III-CAFETERIA
9	Ms. Joice Maurine Nathan	COURSE COORDINATOR-PARAMEDICAL

LONG SERVICE AWARDS - 15 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Mr. Ramesh G	VHV-CORP
2	Ms. Sujitha M B	PC-SPL. CP
3	Ms. Vijaya Barathi S A	IC-AI. OT
4	Ms. Kalavathy K C	PC-CORP. WD
5	Ms. Anandhi	PC-CORP. WD
6	Ms. Rajeshwari K	ASST III-HK
7	Ms. Stella Mary N	ASST III-HK
8	Mr. Pranesh Belle	CHIEF-PROJECTS

LONG SERVICE AWARDS - 10 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Pandilakshmi S	REFRACTIONIST
2	Mr. Raja M	SR. ENGINEER-PROJECTS
3	Ms. Dhanabagyam R	REFRACTIONIST
4	Ms. Poongodi P	TECH-CORP. OT

LONG SERVICE AWARDS - 05 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Dr. Vidya Prakash S	ANESTHETIST
2	Mr. Nagarajan R	CO.OR-PROJ.NANNA
3	Mr. Maruthachalam M	VHV-CORP

S.NO	EMPLOYEE NAME	DESIGNATION
4	Mr. Ravi R B	VHV-CORP
5	Ms. Sangeetha K	PC-CORP. WD
6	Ms. Anuradha T	REFRACTIONIST-VC
7	Ms. Krishna Priya K	REFRACTIONIST
8	Ms. Kalaivani S	ASST III-CAFETERIA
9	Ms. Mercy J	EXEC-FACILITY
10	Ms. Diana Ilavarasi	TECH-CORP. OT
11	Ms. Pavithra Nadaraj	TECH-CORP. OT
12	Mr. Arumugam S	ASST IV-HK
13	Ms. Asha V	REFRACTIONIST
14	Mr. Balasubramaniam Ramasamy	D.MGR-MARKETING
15	Mr. Manikandan S A	OFFICER-F&A

15TH ANNUAL DAY CELEBRATION AND LONG SERVICE AWARDS AT SEH-SHIMOGA

The 15th Annual Day celebration of SEH-Shimoga took place on February 23, 2024, during which 4 employees were honoured with Long Service Awards in the '5 Years' category, 7 employees in the '10 Years' cadre, and 11 employees in the '15 Years' category on the day. Dr.RVR (Founder & Managing Trustee - SEFI) and Dr. RR (Co-founder - SEFI) were the chief guests for the occasion.



LONG SERVICE AWARDS - 05 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Annapoorna K G	RECEPTIONIST-FO
2	Mr. Naveen S J	REFRACTIONIST
3	Mr. Nagaraj R	PLUMBER
4	Ms. Prabhavathi HR	TECH-CORP. OT

LONG SERVICE AWARDS - 10 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Nalina H	PC-SPL. CP
2	Ms. Usha S	TECH-SPL. OT
3	Ms. Sandhya Rani G R	IC-TPA
4	Mr. Shankara Naik	VHV-CORP
5	Mr. Nagesh L	PC-SPL. WD
6	Dr. Roopasree B V	CONSULTANT-COR
7	Mr. Raghu K R	LIBRARIAN

LONG SERVICE AWARDS - 15 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Dr. Rajashekar J	CONSULTANT-COR
2	Mr. Avinash G	ADMIN-CORP
3	Ms. Neema Devi	IC-PCL
4	Mr. Rajashekhar Ganapathi Joshi	PHARMACIST

S.NO	EMPLOYEE NAME	DESIGNATION
5	Mr. Shivaswamy H M	REFRACTIONIST
6	Ms. Gayatri Shantharam	UNIT HEAD-VS
7	Ms. Gayathri T S	CASHIER
8	Mr. Parameshwara	IC-LAB
9	Mr. Srinivas S R	ASST III-HK
10	Mr. Annappa M	ASST III-HK
11	Ms. Anitha K G	IC-CORP. OT

16TH ANNUAL DAY CELEBRATION AND LONG SERVICE AWARDS AT SEH-BENGALURU

The 16th Annual Day celebration of SEH-Bengaluru took place on March 07, 2024, during which 12 members were honoured with Long Service Awards in the '15 Years' category, 6 employees in the '10 Years' cadre, and 9 members in the '5 Years' category on the day. Dr. Umesh (CMO, Consultant-COR) and Mr. C. Gnanasekaran (Unit Head - SEH) were part of the event. The day was made more memorable with dynamic and diverse cultural programs.



LONG SERVICE AWARDS - 15 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Dr. Mahesh Shanmugam P	SR.CONSULTANT-OO
2	Mr. Muniswamy G	GARDENER
3	Mr. Lakshmisha Sharma H S	TEMPLE PRIEST
4	Mr. Sudhir Kumar C	MGR-CAFETERIA
5	Mr. Parasuraman	MGR-MRD
6	Mr. S Gunasekar	MGR-IS
7	Mr. Jayapaul A	TECH-SPL. OT
8	Mr. Kanna A	DEPUTY MANAGER
9	Mr. Suban K	DRIVER-HV
10	Mr. Ashok Kumar	HR ASSISTANT
11	Mr. Balasubramanian R	ELECTRICAL SUPERVISOR
12	Mr. Rangappa C	ELECTRICIAN

LONG SERVICE AWARDS - 10 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Mr. Javeed Ahmed N	TECH-LAB
2	Ms. Suja Venugopal	V.FACULTY-OPTOMETRY
3	Mr. Yogeesh S N	V.FACULTY-OPTOMETRY
4	Mr. Chandra Mouli S	SR.MGR-FACILITY
5	Mr. Lathief K	LIBRARIAN
6	Mr. Ajay Kumar D Shinde	V.FACULTY-OPTOMETRY

LONG SERVICE AWARD - 5 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Mr. Arjun Raj B	MGR-QLTY CTRL
2	Mr. Kumar C	COORDINATOR- PROJECT MRVP
3	Ms. Lalithamma T	PC-CORP.WD
4	Ms. Sasima R	PC-SPL.CP
5	Ms. Roopa J	PC-SPL.CP
6	Mr. Kuruba Neela Sivasankar	VHV-CORP
7	Mr. Ramanaiah D	COOK
8	Mr. E Kumar	COOK
9	Mr. Ashoka E	ASST-MRD

20TH ANNUAL DAY CELEBRATIONS AND LONG SERVICE AWARD AT SEH-GUNTUR

SEH-Guntur celebrated its 20th Annual Day on March 02, 2024. The event saw the recognition of 5 members with Long Service Awards in the '20 Years' category, 3 employees in the '15 Years' cadre, 11 members in the '10 Years' category, and 13 members in the '5 Years' cadre.

Dr. RR (Founder - SEFI) and Mr. Bharath Balasubramaniam (President - SEFI) virtually connected and delivered engaging and inspiring speeches during the event. The day was further enriched by a vibrant culture program presented by the employees of the Guntur unit.



LONG SERVICE AWARD - 20 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Ms. Sulochana B	PT.CL
2	Ms. Swarupa Rani Arakatla	IC-CORP.WD
3	Ms. Kiranmai M	IC-SPL.CP
4	Ms. Venkatalalitha Devi P	OFFICER-CPD
5	Ms. Aruna Kumari Edara	IC-PCL

LONG SERVICE AWARD - 15 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Dr. Madhukumar	SR.CONSULTANT-VR
2	Dr. Jayamadhury Gudimetla	SR.CONSULTANT-MR
3	Dr. Haritha Veluri	SR.CONSULTANT-COR

LONG SERVICE AWARD - 10 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Mr. Vijaya Babu Polukonda	ASST-LAB
2	Ms. Sravani Gatte	REFRACTIONIST
3	Ms. Hepsibha Namburu	ASST III-MNT
4	Mr. Krishna Brahmam Mannava	DRIVER-HV
5	Mr. Srinivasa Rao Lokanadham	MGR-CORP
6	Mr. Dhanalakshmi A	TECH-SPL. OT
7	Ms. Jyothi Reddy Boina	TECH-SPL. OT

S.NO	EMPLOYEE NAME	DESIGNATION
8	Ms. Roja Rani Jekki	PC-SPL. CP
9	Ms. Sailaja Juvigunta	TECH-SPL. OT
10	Ms. Siva Parvathi R	TECH-SPL. OT
11	Ms. Sri Lakshmi Korrapati	TECH-SPL. OT

LONG SERVICE AWARD - 5 YEARS

S.NO	EMPLOYEE NAME	DESIGNATION
1	Dr. Vijayabhaskar Gajjala	CONSULTANT-GO
2	Mr. Lanka Suresh Kumar	EXEC-BD
3	Dr. Kanakamedala Bhargavi Lakshmi	CONSULTANT-GO
4	Dr. Vankireddi Mahathi	CONSULTANT-PO
5	Mr. Kocherla Naresh	COORDINATOR-PRO. ARO
6	Ms. Puli Prabhavathi	PC-CORP. WD
7	Ms. Nalluri Jhansi	PC-SPL. WD
8	Ms. Thalla Mary Prasanna	PC-CORP. WD
9	Ms. Emani Lakshmi Durga	PATIENT SUPPORT EXECUTIVE
10	Ms. Manchikalapudi Nagamalleswari	PT.CL-TPA
11	Dr. K Muni Bhavani	PATHOLOGIST
12	Ms. Shaik Bajidbi	TECH-SPL. OT
13	Ms. Salma SK	TECH-CORP. OT

IMPRESSIONS



TELUGU MOVIE CELEBRITY VISITS SEH-HYDERABAD

Mr. Rocket Raghava, a renowned Telugu movie celebrity acclaimed for his stellar performances in "U Kathe Hero," "Savyasachi," and "Poye Engu Poye," graced SEH-Hyderabad with his presence on March 25, 2024. The dignitary received a warm welcome from the unit staff during his visit.



SEFI warmly welcomes the esteemed celebrity to our midst!



SPOTLIGHT

VARANASI PROJECT UPDATES



ADDRESS

SM, Plot Number 193&194
Tulsi Patti Village,
Tehsil Pindra,
Varanasi District,
Uttar Pradesh, India

PROJECT STATUS - AS OF MARCH 2024

Basement To Third Floor	Finishing Works - Under Progress
Fourth Floor	Brick Work - Under Progress
Fifth Floor	Roof Slab Work - Under Progress
External	Plastering And Compound Wall Work - Under Progress Gravel Filling And Consolidation For Road Work - Under Progress



NEWS STAND

SANKARA'S EYE CAMP STORY FEATURED IN TOI

On February 15, 2024, the 'Times of India' highlighted a Tribal Health Camp organized by SEH-Coimbatore in the Hunsur and Periyapatna taluks of Mysuru district. The article underscored the prevalence of lifestyle-based eye disorders among 75% of the tribal and KSRTC staff who underwent screening during the camp.

Health camps reveal lifestyle-related diseases among tribals, KSRTC staff

Shilpeshu.M@timesgroup.com

Mysuru: Trends picked up from the two health camps carried out in the district revealed that there is an urgent need to address the cases resulting in lifestyle-related diseases.

75% of the tribals, who were screened by Sankara Eye Foundation, were diagnosed with several eye disorders. In another health camp for KSRTC staff of the city revealed that around 30% of them suffer from hypertension, diabetes, heart diseases, and dust allergy-related issues.

The status of health among tribals was revealed in the examination for tribal communities carried out by Sankara Eye Hospital, Coimbatore, at various tribal villages in Hunsur and Periyapatna taluks in Mysuru district over the last six months.

Out of the 1,000 tribal community members who are above 40 years old, over 75% of



NOT A HAPPY NEWS: The eye checkup camps carried out over six months in tribal areas revealed that the tribal population is facing multiple eye-related problems.

tribals in the retina and cornea. According to Gunakarum C. Sankar, Sankara Eye Hospital, it is worrisome that many medical interventions for tribal patients are recommended pro-

last one year, we received nutritional food only twice. Many times the quality of the food supplied to us is sub-standard. It has resulted in various health issues," he said.

"We are constantly raising this issue. But there is no solution till now," he said.

Tribals getting addicted to alcohol and ganja
He also stated that more and more tribal populations are now getting addicted to alcohol and ganja which is seriously affecting their health.

"Govt needs to come out with an action plan to save our population from getting addicted to these substances," he said. Meanwhile, another health checkup camp organised for over 100 staff of the KSRTC, Vijayanagar, Bheem Marota, Kaverana Nagar and Sathasalli depots by VR Trust headed by Dr. Shashirathna Gowda, ITC, a neurologist, revealed that around

Shashirathna Gowda. During the health checkup camps, as per 70% of people with these problems. However, it was high among the KSRTC staff, he said.

Heart diseases, dust allergies common

Heart diseases, dust allergies were also very common. The lifestyle, stress, lack of health infrastructure in KSRTC workers are the reasons for this high magnitude of non-communicable diseases in KSRTC workers. Health insurance schemes, similar to the policies Aranya, Bheem Nagar, ITC and health condition committees and education, providing health benefits, or lunch at the workplace similar to India Canteen, regular health check-ups are the required interventions, he said.

16TH ANNUAL PG UPDATE AT SAV-BENGALURU

SAV-Bengaluru hosted the 16th Annual Update for Postgraduates in Ophthalmology, in collaboration with the Karnataka Ophthalmic Society and Bangalore Ophthalmic Society, from February 2-4, 2024. The event saw participation from approximately 146 DNB residents from across the nation, all of whom are currently undergoing examinations this year.



ART OF LIVING WORKSHOP AT SEH-COIMBATORE

MHQ-HR Department (Coimbatore) organized a 'Manage Your Energy - Not Your Time' - Art of Living Workshop, which focused on training proven breath-based techniques for the employees of SEH-Coimbatore and MHQ department from February 20-22, 2024. The global experts, Mr. Lavkesh Chaudhary (Former Businessman) and Ms. Nisheeta Bajaj (CEO, Coach & Advisor) conducted the workshop.

The employees received insights into mind-energy hacks, breathing techniques like Sudharshan Kriya, and practical tips and techniques for a healthy lifestyle, stress management, and quality sleep. The immediate benefits for nearly 90 participants were endless energy, great sleep, de-cluttering the mind, patience, and enhanced intuition.



TRAINING SESSIONS AT SEFI

FIRE MOCK DRILL SESSION ACROSS SEFI

SEH-COIMBATORE

On March 07, 2024, Mr. Pandian P (SUPV-MNT) conducted a Fire Mock Drill Session for employees at SEH-Coimbatore. Over 10 employees participated in this vital training exercise, designed to simulate a real-time emergency scenario. Such drills are essential for evaluating areas of improvement, enhancing response time, and ensuring the readiness of both individuals and the organization in the event of a fire or other emergencies.



SEH-GUNTUR

Mr. G Srirama Murthy (ASO, MHQ-Guntur) and Mr. Shaik Abdul Rahaman (Officer-Quality Control) conducted a Fire Mock Drill Session for Staff, Security and Housekeeping Staff of SEH-Guntur on January 19, 2023. Nearly 62 employees participated in the session and benefitted.



CODE BLUE AND CPR TRAINING AT SEH-COIMBATORE

Cardiopulmonary Resuscitation (CPR) is a life-saving procedure that increases the chances of survival before professional medical assistance arrives. Dr. Kanagapriya (Anesthetist) conducted a CPR and CODE BLUE (activation of Hospital-wide alert for any patient who requires an emergency CPR) training on March 12, 2024, for Paramedical and Medical Fellowship (Academics).



NSI TRAINING AT SEH-COIMBATORE

Ms. Hemalatha (TECH-CORP.OT) conducted NSI training for the Paramedical staff of SEH-Coimbatore on March 04, 2024. Needle Stick Injury training in hospitals aims to educate healthcare workers on proper handling techniques, raise awareness of associated risks, promote safe handling practices, encourage the use of safety devices, and ensure prompt response and reporting procedures. This training is essential for preventing accidental injuries, minimizing the transmission of bloodborne pathogens, and fostering a culture of safety in healthcare settings.



SPILL KIT AND BMW MANAGEMENT TRAINING ACROSS SEFI

»» Training Session That Ensures A Safe And Hygienic Healthcare Environment!

SEH-COIMBATORE



SEH-JAIPUR



Spill Kit Training ensures healthcare workers are equipped to respond effectively to hazardous spills, educating them on proper containment, clean-up procedures, and Spill Kit equipment usage. BMW training focuses on educating healthcare personnel about the correct handling, segregation, and disposal of Biomedical Waste, emphasizing infection prevention measures.

SEH-Coimbatore and Jaipur organized Spill Kit and Biomedical Waste Management training for their unit staff on March 02, 2024, and March 29, 2024, respectively.

BMW PLANT VISIT BY SEH-ANAND

On March 20, 2024, SEH-Anand organized a visit to Anand-Kheda Bio Medical Waste Pvt. Ltd., located at Moraj, Tarapur. Ms. Snehal Parmar (EXEC-HR), Ms. Daizy Macwan (TECH-CORP.OT), Ms. Princy Macwan (TECH-SPL.OT) Mr. Ronak Shah (TECH-SPL.OT), and a few other Staff were present during the visit.



DONATIONS BY / FOR SEFI

BARRICADE DONATION BY SEH-JAIPUR

Dr. Nishant Jain (Unit Head) and Mr. Vinod Khandelwal (D.MGR-BD) represented SEH-Jaipur in donating Sankara Barricades to Shastri Nagar, Murlipura, Vidhyadhar Nagar Police Stations on January 23, 2024. A total of 15 barricades were contributed, soon to be placed at prominent locations throughout Jaipur.



VEHICLE DONATION BY CHOLA MS GENERAL INSURANCE COMPANY LIMITED TO SEFI

On February 3, 2024, Mr. Suresh Krishnan (Senior Vice President, Company Secretary & Chief Compliance Officer), along with Mr. Ravi Teja Chundururu (Assistant General Manager – Secretarial) from Chola MS General Insurance Company Limited, donated a vehicle to the SEH-Ludhiana unit.

During the inauguration, Ludhiana unit employees Dr. Manoj Gupta (CMO, Consultant-COR), Dr. Ruminder Kaur (Consultant-VR), Mr. Jaspreet Singh (IT Manager), Mr. Rajinder Verma (Facility Manager), Ms. Monika Rani (PC-CORP.WD), Ms. Isha Rani (TECH-CORP.OT), Mr. Amritpal Singh (ADMIN-CORP), and Mr. Raghuvir Singh (Transport Supervisor) made their presence.



GLAUCOMA AWARENESS EVENTS ACROSS SEFI



GLAUCOMA AWARENESS TALK BY DR MEENA GOPINATH MENON FROM SEH-BENGALURU

During Glaucoma Awareness Week, observed from March 10-16 under the theme 'Uniting for a Glaucoma-Free World,' Dr. Meena Gopinath Menon (Senior Consultant-Glaucoma) from SEH-Bengaluru conducted an awareness talk at ISRO on March 13, 2024. The session drew the participation of nearly 206 attendees.



ISRO



HAL Academy

Subsequently, on March 14, 2024, the esteemed Glaucoma expert delivered an inspiring awareness session at HAL Management Academy, engaging 85 units and attracting nearly 3500 participants.

GLAUCOMA AWARENESS CAMPAIGN ACROSS SEFI UNITS

SEH-BENGALURU



SEH-KRISHNANKOIL



SEH-COIMBATORE



SEH-JAIPUR





EYE SCREENING PROGRAMS

EYE CHECK-UP PROGRAM FOR GOVERNMENT SECTOR EMPLOYEES BY SEH-SHIMOGA

On January 03, 2024, as part of the 15th Anniversary Celebrations, SEH-Shimoga initiated an Eye Check-up Program for 15 different types of government sectors. Nearly 1117 employees got screened for the month of January under this project.



TITAN'S HAPPY EYES - NANNA KANNU PROJECT PRIMARY SCREENING



VOLUNTEERING CAMP AT BAGALKOT DISTRICT BY TITAN

SEH-Bengaluru's 'Nanna Kannu' team, along with 11 volunteers from the Titan team under the 'Happy Eyes' project, embarked on a journey to Badami Taluk, Bagalkot district in north Karnataka on January 19, 2024. The objective was to identify common eye conditions in children. Over the course of the camp, they screened a total of 2739 children across 7 schools. From this screening, 612 children were identified as having vision defects, highlighting the importance of early detection and intervention in ensuring optimal eye health for the community.

GUESTS AT SEFI



SRIMAD VIDYADHARA THIRTHA SWAMIJI VISIT SEH-SHIMOGA

On January 25, 2024, Srimad Vidyadhara Thirtha Swamiji graced SEH-Shimoga with his presence, offering blessings to all the dedicated professionals, including Doctors, Paramedics, Administrative and Support Staff of the unit. Swamiji distributed fruits to the patients in the camp wards during his visit to the organization, spreading joy and compassion among them.



ROTARY GOVERNOR VISIT TO SEH-SHIMOGA

On February 23, 2024, District Rotary Governor Dr. Nery Verner paid a visit to SEH-Shimoga. During the visit, the esteemed guest participated in a comprehensive hospital walkthrough and gained insights into the institution's operations. Dr. Verner expressed admiration for the exemplary eye care services provided by SEFI, praising the organization's commitment to excellence. The VIP guest graciously distributed fruits to the patients in the camp wards, symbolizing care and goodwill towards those under medical care.

LIONS CLUB OF PANVEL VISIT RJSEH-PANVEL

On January 16, 2024, the Lions Club of Panvel team visited RSJEH-Panvel to observe the facilities offered by the unit. Dr. Rajesh Kapse (Unit Head) graciously welcomed the team during their visit.



SEFI offers its hearty welcome to the Prestigious Team!

UK DONOR VISIT TO SEH-ANAND

On February 20, 2024, Mr. Bharat Patel, a generous donor from the UK, visited SEH-Anand. Mr. Sudeep Kumar Mehta (Unit Head) provided the distinguished guest with a comprehensive hospital tour. During the visit, the luminary distributed fruits to the patients in the camp wards, adding a touch of warmth and compassion to the occasion.



SEFI thanks the donor for their continual support!

US PATRON VISIT TO SEH-HYDERABAD



Dr. Purna Alturi, a distinguished Gastroenterologist and patron of SEFI from New York, USA, graced SEH-Hyderabad with a visit on January 13, 2024. Mr. Viswamohan Gannamraju (Unit Head) extended a warm welcome to the esteemed luminary during his visit.

SEFI extends sincere appreciation to our patron for their steadfast support throughout the year!

MEDICAL EVENTS



AWARENESS ARTICLES & ACTIVITIES

INSIGHTFUL ARTICLE BY DR SAPTAGIRISH RAMBHATLA OF SEH-BENGALURU

Dr. Saptagirish Rambhatla (Head - Orbit & Oculoplasty) authored a compelling article on Eye Diseases titled 'Thyroid Eye Diseases: Experts Warn Women Are at 3 Times Higher Risk than Men,' featured in the February issue of News9 Live. The article provides valuable insight into this imperative medical topic.



INFORMATIVE ARTICLE BY DR VIDHYA OF SEH-BENGALURU

Dr. Vidhya C (Consultant-PO) of SEH-Bengaluru had her case study published on March 13, 2024, in an issue of the 'India Times - Bangalore Mirror.' Titled 'Eye Check Alert: Vision Concerns Surge Post COVID,' the article shed light on the increasing prevalence of squint eyes, also known as strabismus, among children aged 4-15 years.



SCREENING PROGRAMS & CAMPS

MRVP CAMP FOR TITAN FACTORY EMPLOYEES BY SEH-BENGALURU

SEH-Bengaluru successfully completed a 6-day MRVP camp for the Titan Factory employees in Hosur from March 25-30, 2024. During the camp schedule, a total of 1547 people were screened, 16 were advised for cataract surgeries, 629 glasses were prescribed, and 60 people were referred to the base hospital for further treatment.



MEMORY LANE



NEW YEAR CELEBRATIONS ACROSS SEFI

Welcoming New Year With Joy And Renewed Hope!



SEH-COIMBATORE



SEH-KRISHNANKOIL



SEH-BENGALURU



SEH-SHIMOGA

CO-FOUNDERS BIRTHDAY CELEBRATION

Happy Birthday To Our Beloved Mam, Who Epitomizes Grace, Wisdom, And Timeless Elegance!

SEH-Coimbatore and SEH-Shimoga joyously celebrated Dr. RR's (Co-founder - SEFI) birthday on February 26, 2024, and February 23, 2024, respectively. The atmosphere was brimming with joy and laughter, transforming the day into a vibrant and memorable occasion. Furthermore, a birthday wishes poster was displayed on DigiConnect TV across all SEFI units.



SEH-COIMBATORE

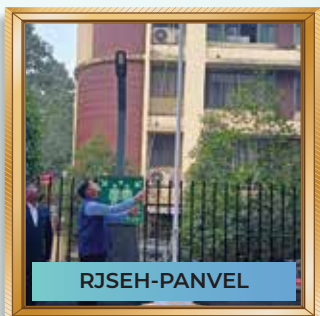


SEH-SHIMOGA

75TH REPUBLIC DAY CELEBRATIONS ACROSS SEFI

75th Republic Day was celebrated with patriotic vibes on January 26, 2024, across SEFI units with their revered VIPs and chief guests who marked their pivotal presence for the tiranga flag unfurling ceremony.

United We Stand To Celebrate Diversity!



PONGAL CELEBRATIONS ACROSS SEFI

Offering Gratitude for the Farm Animals, and the Sun & Rain Gods on this special day that celebrates agriculture!

SEH-COIMBATORE



SEH-KRISHNANKOIL



The Day To Find Divine Bliss And Path To Inner Peace!

On February 3, 2024, SEH-Ludhiana organized a Sri Sukhmani Sahib Path, an auspicious occasion filled with spiritual significance. Following the prayers, all employees were graciously provided with food and refreshments, fostering a sense of community and togetherness among everyone present.



HOLI CELEBRATIONS ACROSS SEFI

Welcoming Springtime With Brimming Colours!

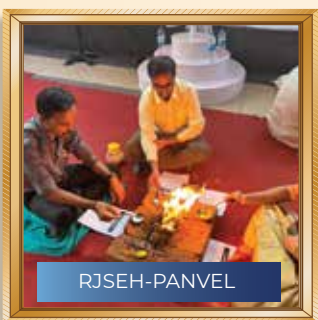
Holi, heralding a fresh start, saw dynamic celebrations across SEFI units on March 25, 2024. Vibrant colours and cheerful greetings filled the day with a festive ambiance.



CELEBRATION OF MAHASHIVARATHRI AND PRATHISTHA DINAM OF MAHA PERIYAVA 2024 AT SEH COIMBATORE, SHIMOGA, AND RJSEH-PANVEL



SEH-Coimbatore celebrated Mahashivarathri and Prathistha Dinam of Maha Periyava on March 08, 2024. Pooja and abhisheka were performed at Sudarsana Vinayagar temple, followed by the idol procession of Maha Periyava.



RJSEH-Panvel staff performed the Maha Mrityunjaya Mantra chant and puja on March 08, 2024, on the occasion of Mahashivarathri and Swamiji Utsava and received the divine blessing of Maha Periyava on the day.



On March 07, 2024, SEH-Shimoga celebrated Prathistha Dinam of Maha Periyava and Mahashivarathri. The event included a pooja attended by all employees, receiving divine blessings. An idol procession of Swamiji followed, elevating the spiritual ambience of the hospital.

WOMEN'S DAY CELEBRATION ACROSS SEFI UNITS

**Empowered Women,
Empower Women!**

SEFI embraced the incredible essence of womanhood on March 08, 2024, in a celebration that radiated warmth and admiration. A tribute to the remarkable women within SEFI was marked by delightful festivities, including cake-cutting ceremonies and a myriad of engaging staff activities thoughtfully organized across all units.



SEH-COIMBATORE



SEH-GUNTUR



SEH-HYDERABAD



SEH-SHIMOGA



SEH-BENGALURU



SEH-KRISHNANKOIL



SEH-INDORE



SEH-KANPUR



SEH-LUDHIANA



RJSEH-PANVEL

WORLD OPTOMETRIST DAY CELEBRATIONS ACROSS SEFI UNITS

**Celebrating Optometrists
Who Shape and Make Every
Vision Possible!**

Optometrists play a vital role in preserving and improving vision, with their expertise encompassing the diagnosis, management, and treatment of various eye conditions. SEFI proudly celebrated these Eye Care Visionaries in Focus on March 23, 2024, marking World Optometrist Day alongside their dedicated teams of Vision Care Specialists.



SEH-COIMBATORE



SEH-RS PURAM (CCH)



SEH-KKL



SEH-SHIMOGA



SEH-GUNTUR



SEH-BENGALURU



SEH-KANPUR



SEH-JAIPUR



SEH-INDORE



SEH-ANAND



SEH-LUDHIANA



RJSEH-PANVEL

15TH ANNUAL DAY CELEBRATIONS AT SEH-ANAND

SEH-Anand celebrated its 15th Annual Day on March 16, 2024, during which all the Unit Staff gathered on the occasion for a cake-cutting and exchanged their wishes on the day.



4TH ANNUAL DAY CELEBRATION AT SEH-INDORE

SEH-Indore celebrated its 4th Annual Day on February 24, 2024, with Swami Prabhudananda Ji (Head - Chinmaya Mission, Indore Centre) gracing the occasion as the chief guest. All the Unit Staff gathered for the celebration, and the diverse cultural program filled the day with a festive aura.



FAREWELLS AT SEFI

FAREWELL CEREMONY FOR DR LISA SUNNY OF SEH-KRISHNANKOIL

SEH-Krishnankoil organized a farewell ceremony for Lisa Sunny (Registrar-MR) on January 02, 2024. Dr. Sudha (CMO, Consultant-COR) presented the farewell gift to Ms. Lisa Sunny in the presence of Ms. Nagalakshmi (EXEC-HR) and other Krishnankoil Unit Staff.



FAREWELL CEREMONY FOR DR ATISH KUMAR OF SEH-JAIPUR

SEH-Jaipur organized a farewell ceremony for Dr. Atish Kumar (Registrar - GO) on February 15, 2024. Nearly 35 Doctors, Fellow Doctors, and Staff of the Jaipur unit gathered on the occasion to present the farewell gift and convey their best wishes.



FAREWELL CEREMONY FOR MS BINAL OF SEH-ANAND

SEH-Anand organized a farewell ceremony for Ms. Binal (PC-CORP. WD) on February 02, 2024. Dr. Nisha Ahuja (CMO, Consultant-COR) presented a farewell gift to the employee who served SANKARA for two years, and the Unit Staff made their presence to convey their best wishes on the day.





GRADUATION CEREMONY AT SEFI

DNB GRADUATION DAY CEREMONY AT SAV-BENGALURU

The Convocation Ceremony for DNB July 2023 and January 2024 exit batches was held at Sankara Academy of Vision, Bengaluru, on January 06, 2024. The chief guest of the ceremony, Mr. Harinarayana Sharma (CEO - Manipal Hospitals), presented the certificates for 81 DNB and Fellowship Students on the day. The event was chaired by Dr. Saptagirish (Dean - SAV), Dr. Venkataraman (Dean - DNB), Dr. Kaushik Murali (President - MED ADMIN & QLT), Dr. Umesh Y (CMO, Consultant-COR, SEH-Bengaluru), and Dr. Mahesha S (CMO, Consultant- COR, SEH-Shimoga) along with the chief guests.



DOA GRADUATION DAY AT SEH-GUNTUR

DOA Graduation Day for the 2022-23 batches was celebrated on March 27, 2024, at SEH-Guntur. Dr. Anuradha Kakumanu (Consultant-GO) distributed the certificates to the graduates. Dr. Sudhakar Potti (CMO, Consultant-COR), Dr. Srilakshmi Sikhaholi (SR. Consultant-GLAU), Ms. Madhavi Machavarapu (Unit Head - SEH), and Tripura C H (Unit Head - SEH) made their presence during the ceremony.



WELCOME KIT DISTRIBUTION TO NEW JOINERS



**Mr. Murugesan S
Guard - Security
SEH-Krishnankoil**

Feedback:

Thank you, Sankara, for the wonderful Welcome Kit that made me feel valued and appreciated right from the start.



Ms. Nisha Sharma
Patient Support Executive
SEH-Jaipur

Feedback:

Thank you, team Sankara, for welcoming me with a Welcome kit! I am excited to start my journey with this prestigious organization.



EMPLOYEE ENGAGEMENT ACTIVITIES

FRUIT DISTRIBUTION TO CAMP WARD PATIENTS

SEH-GUNTUR



JANUARY 2024



FEBRUARY 2024



MARCH 2024

SEH-SHIMOGA



FEBRUARY 2024

SEH-INDORE



JANUARY 2024

SEH-LUDHIANA



FEBRUARY 2024

SEH-KRISHNANKOIL



FEBRUARY 2024

RJSEH-PANVEL



FEBRUARY 2024



FEBRUARY 2024



MARCH 2024



MARCH 2024



MARCH 2024



MARCH 2024

As part of the employee engagement activities this quarter, SEH - Ludhiana, Indore, Krishnankoil, Shimoga, Guntur, and RJSEH-Panvel units distributed fruits to the camp ward patients.

Kudos to the units for embodying the values of empathy and service at the heart of healthcare!

STAFF FAMILY GATHERING

SEH-GUNTUR



RJSEH-PANVEL



SEH-HYDERABAD



RJSEH-Panvel, SEH-Guntur, and SEH-Hyderabad organized Staff Family Gatherings for this quarter. These gatherings, along with cake-cutting events, were marked by memorable moments across the units.

Kudos to the Guntur, Hyderabad, and Panvel Units for making these celebrations extra special!

MHQ BIRTHDAY CELEBRATIONS - JANUARY 2024



As part of MHQ-Coimbatore birthday celebrations at Tulsi Village, the team visited Muttathu Vayal Tribal Village children's school on January 11, 2024. Mr. Ramachandran (Chief Security Officer), Ms. Cathorine (Chief Finance Officer), Mr. Nakaraj (MGR-F&A) and a few other MHQ employees marked their presence on the day and had dynamic interactions with the children during the visit.

'Tulsi Villages' were established under the Rural Development Programme by Dr. Radha Ramani (Co-founder – SEFI) in response to a request from the Tulsi Trust, a non-profit charitable organisation.

SOCIAL RESPONSIBILITY

ROAD SAFETY WEEK CAMP BY SEH-BENGALURU

SEH-Bengaluru, as part of Road Safety Awareness Week (observed from January 11-17), conducted a free Eye Camp for the employees of Devanahalli RTO, Kasthuri Nagar RTO, and HAL Traffic Police Station from January 12-16, 2024. Nearly 154 employees were screened during this period, of whom 13 were referred to the base hospital for treatment, and 54 were prescribed glasses.



ROAD SAFETY WEEK CAMP BY SEH-JAIPUR

As part of its Road Safety Awareness Campaign, SEH-Jaipur conducted a free Eye Camp at the Vidhaydhar Nagar RTO office from January 29 to February 02, 2024. Nearly 252 people, including the general public and RTO staff, were screened during the camp.



EYE SCREENING PROGRAM FOR SENIOR CITIZENS BY SEH-BENGALURU

A recent health report reveals that nearly 40 million individuals in India are impacted by glaucoma, indicating that 1 out of every 8 people in the country has this condition!



As part of Glaucoma Awareness Week, which is celebrated from March 10-16, SEH-Bengaluru conducted a free Glaucoma Eye Screening Program for the senior citizens of Shri Ramana Maharishi Old Age Home, located at Chandapura, on March 11, 2024.

PATIENT STORY

LIGHT OF HOPE - SEH-LUDHIANA RESTORES THE EYE VISION OF A SENIOR CITIZEN



Amidst the hustle and bustle of Ludhiana, 65-year-old Mr. Amrik Singh, residing in Lalton Kalon with his son, faced the challenges of poor vision. Working as a labourer in the grain market, he struggled with everyday tasks due to his declining eyesight. Feeling isolated and uncertain, his hope reignited when a villager mentioned a free Eye Check-up Camp by Sankara Eye Hospital, Ludhiana.

Accompanied by fellow villagers on February 10, 2024, Mr. Singh received a diagnosis of cataracts in both eyes at the camp. With reassurance from the hospital staff and clear guidance, he underwent successful cataract surgery on one eye by skilled surgeon Dr. Ruchi Singh (Consultant-COR) on February 14, 2024.

With restored vision, Mr. Singh embraced life with newfound joy and gratitude, breaking free from the limitations of his condition. Thankful for the gift of sight, he treasured each moment, finding renewed confidence in everyday life. Sankara Eye Hospital's compassionate care not only provided a solution to his physical ailment but also restored hope and dignity, illustrating the transformative impact of kindness and community support.

With a smile in his eyes, Mr. Amrik Singh returned to his hometown, ready to cherish and embrace the gift of restored vision and life!



SANKARA EYE FOUNDATION, INDIA

Sri Kanchi Kamakoti Medical Trust

**World Class Eye Care with
A Social Impact**



 Sankara Eye Hospital

 **UPCOMING**
Sankara Eye Hospital
Varanasi

Journey of Million Smiles and Beyond



SANKARA EYE FOUNDATION, INDIA®



Hello SEFI

For feedback, please write to us at newsletter@sankaraeye.com

DROP BOX

E-mail your concerns personally on things that you want SEFI to relook.

Address it directly to the management and mail your ideas that benefits all at SEFI. Your idea can get recognized and honoured.

E-mail ID: newsletter@sankaraeye.com



SCAN QR CODE